



SCSFSC FALL/WINTER/SPRING 2026-2027



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE	OFF ICE
2:00-2:40		2:00-2:40		2:00-2:40		2:00-2:40					8:10-8:55
Bronze +		Bronze +		Bronze +		Bronze +					Ballet
											PrePreliminary+
2:40-3:25		2:40-3:25		2:40-3:25		2:40-3:25		2:40-3:20		9:00-10:00	
Pre Silver+		Pre Silver+		Pre Silver+		Pre Silver+		Bronze+		Open	
3:25-4:05		3:25-4:05		3:25-4:05		3:25-4:05		3:20-4:00		10:00-11:00	
Bronze+		Bronze+		Bronze+		Bronze+		Bronze +		Bronze +	
RESURFACE		RESURFACE		RESURFACE		RESURFACE					
4:15-5:00	4:10-4:55	4:15-5:00	4:10-4:55	4:15-5:00	4:10-4:55	4:15-5:00	4:10-4:55	4:00-4:45		11:00-11:50	
Pre Prelim-Bronze	Strength	Pre Prelim-Bronze	High	Pre Prelim-Bronze	Strength	Pre Prelim-Bronze	High Strength	Prepre- Bronze		Open	
	Training		Ballet		Training		/Stability				
5:00-5:45	5:05-5:40	5:00-5:45	5:05-5:40	5:00-5:45	5:05-5:40	5:00-5:45	5:05-5:40	4:45-5:30			
Bronze+	Skating Skills /	Bronze+	Low	Bronze+	Strength	Bronze+	Low	Open			
	Flexibility		Ballet		Training		Dance				
5:45-6:30	5:50-6:35	5:45-6:30	5:50-6:35	5:45-6:30	5:50-6:35	5:45-6:30	5:50-6:30		5:35-6:15		
Basic- Prelim	Skating Skills/	Basic- Prelim	Medium	Basic- Prelim	Skating Skill/	Basic- Prelim	High		Strength/		
	Flexibility		Ballet		Flexibility		Dance		Flexibility		