



St. Clair Shores Figure Skating Club 2025 Summer Skating Program



**St. Clair Shores Civic Arena
20000 Stephens,
St. Clair Shores, MI 48080**

Lindsay O'Donoghue - Director of Skating
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SCSFSC Professional Staff

| | | | |
|----------------------------|-----------------------------|---------------------------------|----------------------------------|
| Brooke Castile-O'Keefe | Laura Delbarba | Keiffer Hubble | Samantha Jarecki |
| Brittany Karlon | Melissa Lazaris | Claire LaDue | Lindsay O'Donoghue |
| Molly Schelosky | Christine Wojno | Rachel Vohs Collegiate coach | Sophia LaDue Collegiate coach |
| Remy Henri Junior Coach | Chloe Metti Junior Coach | Abby Owczarek Junior Coach | Claire Wengel Junior Coach |

Welcome to Summer 2025

June 16th-August 22nd, 2025

REGISTRATION DATES on ACTIVE May 18, 2025

Sign up on Active will be open on May 18th. Sessions will be capped with the number of skaters allowed on the ice. **Skaters must skate 9 out of the total 10 weeks to receive the package rates.**

CONTRACT REGISTRATION

- The 2025 Summer contract will be on ACTIVE.net. We will be sending the link for this in an email.
- Your 2025-2026 USFSA Membership form and payments must also be turned in prior to skating this summer
- Your payment schedule is as follows: 10% registration at the time of registration, July 1st and August 1st
- **IMPORTANT!** Before any contract is submitted, you must make sure your account is not in arrears.
- All late fees and other assessments must be paid or you will be considered to be not in “good standing”, and your contract and membership will not be accepted. You will be charged a \$40 late fee after 10 days.

CONTRACT ICE SESSION REQUIREMENTS:

In order to choose your level of skating you must have passed the Freestyle for which you are contracting.

ON ICE SESSIONS:

FS: Freestyle. Offered 5 days a week for individual practice and or private lessons contracted with a club professional of your choice. You must sign up for the appropriate level.

Open: Open Sessions. This session will be open to all skating levels.

Training Session: On ice skating skills, endurance and drills in a group setting.

OFF-ICE SESSIONS:

Resistance Training: Trainers supervising skating specific programs using plyometrics, balance exercises, aerobic workouts, resistance, weights and stretching. *Proper attire: Gym clothes and gym shoes.

Ballet: Class is designed to promote knowledge of correct body alignment. Helps improve coordination of the body with musicality and rhythmic accuracy. *Proper attire: Skating clothes and tights, ballet slippers.

Dance: Class is designed to encourage musicality, expression and rhythm

Warmup/ jumps: Will teach skaters the proper skills to warm up for sessions and will work on off ice jumping.

Skating Skills: Work on skating skills off ice that include stretching, jumping and spin positions.

Pilates: Exercises on a mat that focus on core strength, balance, flexibility, posture and body awareness. A yoga mat is recommended.

ICE FEES

Summer 2025 pricing will be done by packages, which are listed below.

The more sessions you purchase, the less expensive your rate per hour will be. Sessions can be either on or off ice except for the Basic package. If you can not skate 9 out of the 10 weeks then you will pay the non package skater rate.

You must contract for 9 of the 10 weeks to receive a package rate.

| Packages | | | | | |
|----------------------------|----------------------------|-------------------------------|---------------------------|-------------------------|--|
| A | B | C | D | E | A, B, C, D, E Package Additional Session: |
| 20 Sessions \$142/ Week | 17 Sessions \$131/ Week | 15 Sessions \$118.50/ Week | 12 Sessions \$108/Week | 9 Sessions \$90/week | Additional Session: \$7 Walk On - \$10/session |

| Packages | | | | |
|-----------------------------|-----------------------------|---|--|---|
| F | G | H | | |
| 6 Sessions \$67.00 /Week | 5 Sessions \$57.00/ Week | Basic Skills Package *Skaters must not have passed the Pre Preliminary skating skills test* 2 on + 1 off ice \$40 | Additional Sessions for Packages F,G, H \$12.00 Walk on \$14.00 | Non Packaged Skaters \$17.00/session All sessions: Walk On \$20/session |