



# St. Clair Shores Figure Skating Club

www.scsfsc.org



## June 20th - September 2nd, 2016 2016 Summer Skating Program

**St. Clair Shores Civic Arena  
20000 Stephens,  
St. Clair Shores, MI 48080**

**Club Office: (586) 774 - 7530**

Lindsay O'Donoghue - Director of Skating  
ODonoghuelindsay@gmail.com



### SCSFSC Professional Staff

Brooke Castile-O'Keefe	Elizabeth Daly	Laura Delbarba	Stefany Delpra
Justin Highgate-Brutman	Claire LaDue	Brittany Karlon	Marisa Marrocco
Cheryl Moscato	Lindsay Page-O'Donoghue	Kevin O'Keefe(Dance)	Danielle Salvatore
Collegiate Coach: Natalie Krupa	Collegiate Coach: Emily Montreuil		

**ALL USFSA MEMBER SKATERS ARE WELCOME**

**St. Clair Shores Figure Skating Club**

**BOARD OF DIRECTORS 2014-2015**

President	Christine Rollins	<a href="mailto:CARollins@comcast.net">CARollins@comcast.net</a>
Vice President	Tammie Hurst	Tam128@aol.com
Treasurer	Celeste Ewald	<a href="mailto:ctewald@aol.com">ctewald@aol.com</a>
Recording/ Corresponding Secretary	Arnold Brutman	ABrutman@att.net
Trustees	Jannett Williams	williams.jannett@yahoo.com
	Sam Goosen	<a href="mailto:smgoosen@att.net">smgoosen@att.net</a>
	Angelika Morawski	geraldmorawski9701@comcast.net
	Elizabeth Barrow	LizBarrow@Live.com

**\*President, Vice-President, Treasurer, and Secretary can sign competition forms.**

**COMMITTEES:**

Membership	Lindsay O'Donoghue
Contracts	Christine Rollins/Lindsay O'Donoghue
Ice Allocations	Christine Rollins/ Lindsay O'Donoghue
Sanctions	Christine Rollins/Lindsay O'Donoghue
Test Chairpersons	Lindsay O'Donoghue - Free Style / Field Moves/Dance
Shores Autumn Classic 2016	Tina Miano

**Book Keeper**

Pat Siecinski	586-774-7530	scfsc1@aol.com
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# Welcome to the 2016 Summer Season

## REGISTRATION DATES:











June 7th, 2016	1 <sup>st</sup> Club between 6:30pm-8:30pm
June 8th, 2016	2 <sup>nd</sup> Club members by mail in / drop off

Please review the entire content of this brochure and select your ice contract carefully.

Be certain to fill in all the information requested on your application. If you need to call a Board member to answer any questions please do so between the hours of 9:00am and 9:00pm. You can also call the Director of Skating, Lindsay O'Donoghue at (586) 774-7530.

Your summer contract will take effect Monday, June 20th and runs 11 weeks through Friday, September 2nd. You must contract for 10 of the 11 weeks in order to receive the package rate. Otherwise you will pay the individual session rate.

## CONTRACT REGISTRATION

-  The 2016 Summer contract will be accepted from first club members, between 6:30pm- 8:30pm on Tuesday, June 7th, 2016.
-  Your 2016-2017 USFSA Membership form and payments must also be turned in at sign-up.
-  Failure to turn in or mail in / drop off contracts prior to June 7th will result in your contract being taken after the second club members.
-  1<sup>st</sup> Club member contracts dropped off past your stated deadline will be charged a **\$25.00 late fee**.
-  2<sup>nd</sup> Club member deadline is June 8th. Registration will be accepted by mail in or drop off. Any 2nd Club member contract dropped off after June 4th will result in a **\$25.00 late fee**.
-  The summer Deposit of \$75.00 is due at the time of registration. However, any contract less than \$150.00 must be paid in full at time of registration.
-  Balances will be divided into 2 equal payments. They are due on or before the 1<sup>st</sup> of each month.
-  Your payment schedule is as follows July 1<sup>st</sup> and August 1<sup>st</sup>, 2016.
-  **IMPORTANT!** Before any contract is submitted, you must make sure your account is not in arrears.
-  All late fees and other assessments must be paid or you will be considered to be not in "good standing", and your contract and membership will not be accepted.

## Spirit Week

Spirit week will be August 1<sup>st</sup>-August 5<sup>th</sup>, 2016. Tiger game will be on Tuesday, August 2<sup>nd</sup>, 2016.

### REGISTRATION AND PAYMENT PROCEDURES:

- 👉 **CHOOSE YOUR ICE CAREFULLY.** It is your responsibility to maintain prompt payments on the 1st of each month.
- 👉 If you do not receive a bill by the 25<sup>th</sup> of each month, it is still your responsibility to make your payment. Please inform the office that your bill was not received.
- 👉 If the 1<sup>st</sup> falls on a weekend or a holiday, please plan to have the payment in on the previous business day
- 👉 When making a payment, PLEASE write on the memo line what activity/purpose the payment is for.  
**Example:** May contract payment, June test day, Synchronized Team, etc.
- 👉 Separate checks are required when making payments for more than one skater or more than one activity.  
**Example:** Check # 1001 / memo line..... Jane Smith May contract;  
Check # 1002 / memo line.....Mary Smith May contract;  
Check # 1003 / memo line.....Mary Smith Synchrono.
- 👉 If this rule is not followed, SCSFSC will not be held responsible for the entire amount being credited to one account and late fees will be assessed.

### PLEASE MAIL OR BRING PAYMENT TO:

St. Clair Shores Figure Skating Club  
20000 Stephens Drive  
St. Clair Shores, MI 48080

### LATE PAYMENTS:

- Any skater making their payment after the 1<sup>st</sup> of each month will be charged a **\$35.00** late fee.
- Anyone in arrears will be denied ice time, test sessions and competition privileges. It is our obligation to report any delinquent skaters to USFS to inform them of your arrears.
- NSF: Member will be notified and a new check must be submitted within 7 days of notification. A \$45 fee will be charged on all NSF checks.
- If a second check is declared NSF on skater's account the following procedure will be implemented:
  - Member will be notified.
  - New payment must be made in cash, money order or certified check.
  - Only cash, money orders or certified checks will be accepted on the account for a period of 12 months, following the second infraction.

## **CONTRACT ICE SESSION REQUIREMENTS:**

In order to choose your level of skating you must have passed the Freestyle for which you are contracting.

**Example:** Juv - Inter FS Session (You must have passed your Juvenile or Intermediate Freestyle test)

- Basic (Those who have not passed the Pre-Preliminary Freestyle test)
- Pre-Preliminary
- Preliminary
- Pre-Juvenile
- Juvenile
- Intermediate
- Novice
- Junior
- Senior

## **ON ICE SESSIONS:**

**FS:** Freestyle. Offered 5 days a week for individual practice and or private lessons contracted with a club professional of your choice.

**FM:** Field Moves and Dance Sessions for individual practice and or private lessons contracted with a club professional of your choice. Only moves in the field, ice dance, and choreography are allowed on these sessions.

**Open:** Open Sessions. This session will be open to all skating levels.

**TS:** Training Sessions. These sessions are group classes taught by a club professional focusing on endurance, stroking and edges.

## **OFF-ICE SESSIONS:**

**RT:** Resistance Training is offered on Mondays and Wednesdays for all levels. Certified Trainers supervising skating specific programs using ply metrics, balance exercises, aerobic workouts, resistance, weights and stretching.

\*Proper attire: Gym clothes and gym shoes.

**Ballet:** Offered Tuesday and Thursday. Class is designed to promote knowledge of correct body alignment. Helps improve coordination of the body with musicality and rhythmic accuracy.

\*Proper attire: Skating dress or leotard and tights, hair pulled away from face & ballet slippers.

**Dance:** Offered Friday. Class is designed to encourage musicality, expression and rhythm

\*Proper attire: Skating dress or leotard and tights, yoga pants, stretch pants etc

**Yoga:** Offered on Tuesdays. Class will help flexibility, lengthen muscles and help teach proper breathing.

**Stretch:** Offered on Mondays and Thursdays. Class will focus on increasing flexibility and lengthening muscles.

## ICE FEES

Summer 2016 pricing will be done by packages, which are listed below.

The more sessions you purchase, the less expensive your rate per hour will be. The summer program consists of **11 weeks**. Your total ice bill will be divided into 2 payments. All payments are due on July 1<sup>st</sup> and August 1<sup>st</sup>, 2016.

**You must contract for 10 of the 11 weeks to receive a package rate.**

<b>Packages</b>				
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	
15 on + 5 off ice \$138/ Week	10 on + 5 off ice \$115/ Week	8 on + 4 off ice \$105/Week	6 on + 3 off ice \$87/week	<u><b>A, B, C, D Package</b></u> <u><b>Additional Session:</b></u>  Freestyle - \$8.00 FM/TS / Off Ice - \$7.00 Walk On - \$10/session

<b>Packages</b>			
<b>G</b>	<b>H</b>		
3 on + 2 off ice \$55.00/ Week	<u><b>Basic SkillsPackage</b></u> *Skaters must not have passed the PrePreliminary Freestyle test*  2 on + 1 off ice \$33.00	<u><b>G &amp; H Package</b></u> <u><b>Additional Sessions:</b></u>  Freestyle - \$10.00 FM/TS/Off Ice - \$8.50 Walk On - \$12.00	<u><b>Non Packaged Skaters</b></u>  Freestyle \$14.00/session  FM/TS/Off Ice \$12.00/session  All sessions: Walk On \$15/session

Please review everything before signing and turning in your contract. This is a serious commitment, and by your signature on the contract, you are bound by the waiver, consent and skating policies set forth by the St. Clair Shores Figure Skating Club. Please have your application completely filled in before coming to sign-up. Final calculation of your contract will be verified by office staff and reflected on your July 1st, 2016 statement. To cover ice cost there has been a slight price increase. Prices are subject to change.

**Payment Worksheet:**

Cost per week \_\_\_\_\_ \$ \_\_\_\_\_ X \_\_\_\_\_ weeks = \$ \_\_\_\_\_

Additional Session On Ice per week X \$ \_\_\_\_\_ = \_\_\_\_\_ X \_\_\_\_\_ weeks = \$ \_\_\_\_\_

Additional Sessions Off-Ice/FM/TS per week X \$ \_\_\_\_\_ = \_\_\_\_\_ X \_\_\_\_\_ weeks = \$ \_\_\_\_\_

\_\_\_\_\_ Total Cost = \$ \_\_\_\_\_

Total Cost \$ \_\_\_\_\_

- \$75:00 Deposit \$ \_\_\_\_\_

Divided into 2 payments = \_\_\_\_\_

Week 1: June 20<sup>th</sup>-June 24<sup>th</sup> \_\_\_\_\_ Week 2: June 27<sup>th</sup>-July 1<sup>st</sup> \_\_\_\_\_ Week 3: July 5<sup>th</sup>- July 8<sup>th</sup> \_\_\_\_\_

Week 4: July 11<sup>th</sup>-15<sup>th</sup> \_\_\_\_\_ Week 5: July 13- 17 \_\_\_\_\_ Week 6: July 25-29 \_\_\_\_\_

Week 7: August 1-5 \_\_\_\_\_ Week 8: August 8-11 \_\_\_\_\_ Week 9: August 15-19 \_\_\_\_\_

Week 10: August 22-26 \_\_\_\_\_ Week 11: August 29-September 2 \_\_\_\_\_

\*Please remember your Membership form with payment at sign up\*

# St. Clair Shores Figure Skating Club

## Waiver - Consent - Skating Policies

### PLEASE READ

- The SCSFSC shall not be liable for any and all claims or actions of any kind whatsoever for injuries, damages or losses of any kind to persons or property, which may be sustained in connection with any SCSFSC activity.
- Recognizing the normal risk of skating on ice, I agree to skate at my own risk and to abide by all skating regulations established by the St. Clair Shores Figure Skating Club, the Arena management and/or professionals. The St. Clair Shores Figure Skating Club assumes no responsibility for accidents on or off the ice, or damage to personal property.
- In the event an emergency situation arises, in which I/we are unable to be contacted or are unavailable for immediate authorization, I / we give permission to the SCSFSC to arrange for emergency procedures for the contracted skater at a local hospital or by a physician and agree to hold all parties harmless.
- The SCSFSC ice contract may not be transferred, bartered, or sold and is to be used exclusively by the contracted skater for an activity of equal, but not greater value, in on ice or off- ice activity.
- The SCSFSC reserves the right to cancel scheduled events without liability, other than reimbursement.
- The SCSFSC is not responsible for lost, late, stolen or misdirected mail.
- The SCSFSC is not responsible for typographical errors.
- SCSFSC requires that ice contract payments be received in the club office not postmarked by the specified date in your ice contract. No postdated checks. All late payments are assessed a \$35.00 late fee, and the affected skater shall be denied on and off ice privileges and the opportunity to test and compete, until their account is brought current with payment of the late charges and contract fees.

**INJURY POLICY:** Sorry but no refunds or credits will be given for missed ice due to injury.

### SCSFSC SKATERS POLICIES:

- Skaters must sign in with the monitor before taking the ice for the day. And sign a walk on slip if skating a non-contracted session.
- Absolutely no eating, drinking or gum chewing on the ice. Water is permitted.
- Proper respect must be shown to all Professionals, ice and music monitors at all times by the skaters and parents.
- Do not interrupt Professionals while they are in a lesson.
- Skaters in a lesson have the right of way. Coaches using the harness have the right of way for safety reasons.
- No foul language or show of temper while on the ice or at any time while representing our club.
- Kicking holes in the ice is inexcusable and you will be asked to leave the ice.
- All skaters are asked to leave the ice immediately when the Zamboni driver sounds the buzzer.
- No radios or music players will be allowed on the ice, excluding Professionals.
- Dressing rooms and other areas around the arenas are to be left clean and all debris picked up and put in trash containers.
- Girls and boys may not be in each other locker rooms at any time.
- Please use appropriate language and topics of conversation while in the locker room.
- No equipment or changing in the concession area or rink. Please use locker rooms.
- No cameras in the locker room.
- The pro staff room, the club office, and director's office are for club business only. Skaters and parents are allowed only if they are conducting business.
- Ice is for skating, no visiting. If you must visit, please leave the ice.
- Proper skating attire is highly requested. No street clothes.
- All members are expected to conduct themselves with class and dignity. Bad mouthing members, professional staff, board members or city employees will not be tolerated.
- Members who cannot abide by the rules may be asked to leave the ice and or building. Names will be recorded and parents called if necessary. Repeated or serious infractions of the rules will be referred to the board of directors and loss of ice privileges and or membership may ensue. The SCSFSC board of directors reserves the right to revoke / cancel / deny any membership of those individuals (or Potential Members) who blatantly ignore the rules and regulations above.

**Skaters Signature:**

**Date:**

**Parent Signature:**

**Date:**



